

Upcoming Trainings

December 1st

Cardiopulmonary Resuscitation (CPR)

December 3rd

Cardiopulmonary Resuscitation (CPR)

December 15th

First Aid

December 17th

First Aid

January 12th

Playground Safety
Part 1

January 14th

Playground Safety
Part 2

February 2nd

Prevention and Control of Infectious
Diseases Including Immunizations
Health and Safety Topic 1

February 9th

Creating and Outdoor Learning
Environment for Infants and Toddlers: It's
Not Called a Playground Anymore

February 16th

Its SIDS

All trainings are held at the Partnership from 6-8 pm unless otherwise noted. Classes are open to all but limited space is available. Call our office at 704-694-4036 to make a reservation. Contact hour classes are \$5 for ECRC members, and \$15 for CEU classes.

*****PLEASE READ ACPC'S COVID-19 PROCEDURES INSIDE**

Safe Kids Information

Tis' the season to break out those heaters and light the fire places, but did you know more than 100,000 children are treated for fire-related injury or burns, annually? Here are a couple of tips to help keep your child and others safe this winter:

Install Barriers Such as Safety Gates Around Fireplaces, Ovens and Furnaces. Make sure your fireplace is protected by a sturdy screen. If you are using a fireplace or wood stove, burn only seasoned hardwood such as oak, ash or maple. If small children live in or visit your home, use a safety gate around your fireplace or wood stove.

Check to Make Sure the Water Temperature Is Just Right. With everything going on, we know the water heater is the last thing on your mind. To prevent accidental scalding, set your water heater to 120 degrees Fahrenheit or the manufacturer's recommended setting. Check the water with your wrist or elbow before giving your child a bath.

Keep Flammable Materials Away From Space Heaters. Remember to keep space heaters at least three feet away from anything that can burn or catch fire and make sure you turn them off when you leave the room.



What's Inside
ACPC'S COVID-19 Policy
Safety Tips for Winter



Winter 2020

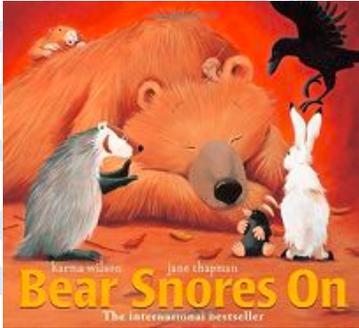


LET'S TALK

704-694-4036
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www.ansonchildren.org

ECRC HIGHLIGHTS

Like humans, animals also prepare for the winter months. One way animals prepare for the cooler weather is through hibernation. Below are some fun activities to help you teach your child about hibernation.



As you read this story ask your child open-ended questions to help build his/her vocabulary skills.

1. How do you know it is winter in the book?
2. Why are the other animals awake but the bear is sleeping?
3. Why is the bear angry with his friends?

Children love repetition. Read the book several times throughout the week modifying the way you read it to continue to spark interest. You may want to try letting the children make up their own story from the pictures or incorporating some of the puppets that are available for checkout in the ECRC.

Hibernation Song - sung to "Are You Sleeping"

Bear is sleeping, the bear is sleeping
In the cave, in the cave.
I wonder when he will come out, I wonder when he will come out
In the spring, In the spring.

Birds are flying, birds are flying
In the sky, in the sky.
I wonder when they will come back, I wonder when they will come back,
In the spring, in the spring.



Continue the bear theme by checking out our measuring kit from the ECRC with these adorable bear counters. Use the bears to teach counting, patterns, and sorting. While your child is playing with the bears, present him/her with math questions:

- a. How many bears would you need for each member in our family to have one?
- b. I have 2 blue bears. How many yellow bears would I need to make 5?

COVID- 19 Safety Precautions:

The Anson County Partnership for Children is dedicated to serving our child care providers, families, children, and community. The Partnership reopened on May 8th to the public with modifications to ensure the safety of our clients and staff during the pandemic. Therefore, the following safety precautions have been put into place until further notice. The ACPC office has increased cleaning and sanitation practices for the office as well as resources available for check out. ACPC staff continues to limit face-to-face interactions, only meeting when necessary and by appointment. Face coverings will be worn by staff when interacting with clients and preparing resources for clients.

Early Childhood Resource Center:

For safety, please wear a face covering and do not visit our office if you have a fever or have been around anyone who is sick, or has been sick in the last two weeks. ACPC staff will meet clients at the door to distribute diapers, ECRC resources, and other supplies. Only staff is allowed inside the ECRC at this time. Please call ahead to request ECRC items so our staff can have items ready for pick up. Car seat distribution is available by appointment ONLY. To make a car seat appointment or request items, call our office at 704-694-4036. We suggest ECRC resources be sanitized after pick-up and before return to help minimize exposure to COVID-19.

Partnership Hosted Trainings:

To comply with the 6 feet social distancing recommendation, class sizes will be smaller. Guests and children of trainees will not be allowed in the building at this time. Before entering the ACPC building, trainees will have their temperature checked for fever. Trainees will then be asked to wash hands before entering the training room. For safety, we ask trainees to wear a face covering and do not attend trainings if you have been around anyone that is sick two weeks prior to the training. We ask that trainees bring paper and pens because printed handouts will not be provided. All handouts and materials will be emailed to you. Also, snacks will not be provided to minimize contact. Trainees are asked to maintain all safety recommendations including maintaining social distancing. The inability to comply with safety precautions will result in being asked to leave without a refund or being granted a certificate of completion.

Parent's
Corner

Your child has a sore throat, cough, and a high fever: Is it COVID-19? Could it be the flu? Or just a cold?

All these illnesses are caused by viruses that infect the respiratory tract. All are contagious and can spread easily from person-to-person and they cause some similar symptoms, making it hard to tell them apart.

Here are some things to look for if your child gets sick.

The Common Cold is usually mild. It often includes a tickly throat, a runny or stuffy nose, and sneezing. If a fever is present, it is not high. A child with a cold usually feels quite well and has a good appetite and normal energy levels.

The Flu can also be mild. Kids with the flu usually feel worse than if they have a cold. They might have a fever that comes on suddenly, with chills, a headache, and body aches. They can have a sore throat, runny nose, and cough. And they feel generally miserable and tired and don't have much of an appetite. Some kids even have belly pain, nausea, vomiting, or diarrhea.

COVID-19 Kids infected by the Coronavirus may not have any symptoms, or their symptoms can be mild, like those of a common cold. Some can have more severe flu-like symptoms. COVID-19 symptoms can look very much like those from a cold or the flu. But one symptom that happens more commonly in COVID-19 is a loss of taste or smell.

How Can We Stop the Spread of Germs?

It's always wise to:

- Wash hands well and often. Wash for at least 20 seconds with soap and water or use hand sanitizer with at least 60% alcohol.
- Avoid people who appear sick.
- Clean surfaces that get touched a lot (like doorknobs, counters, phones, etc.).
- Keep your child home if they are sick and speak with the doctor about when it safe for them to return to school.

During the Coronavirus pandemic, everyone in your family also should:

- Avoid large crowds and busy places.
- Stay at least 6 feet from people they don't live with.
- Wear a mask when in public (all adults and kids over 2 years old).
- Try not to touch their eyes, nose, or mouth.

Everyone in your family 6 months of age and older should get a flu vaccine every year. It's extra important to get it during the 2020-2021 flu season because:

- Preventing flu in your family will help you avoid needing medical care when health care providers are so busy caring for people with COVID-19.
- Health experts worry that people who get the flu and COVID-19 at the same time might have a more serious illness.
- Preventing the flu and its symptoms means that your family will be less likely to need testing (for flu or Coronavirus) or to isolate at home.

For tips on when to seek medical attention visit <https://kidshealth.org/en/parents/flu-vs-cold.html>